10 things you can do to stop climate change

To get to 350ppm, we need to act at home and in the streets.

With the urgency of climate change, if we all were just to focus on individual changes to our lifestyles, we might never reach 350ppm. That’s why this year, a movement is growing to call for widespread political change by taking action on 24 October, the International Day of Climate Action. But the changes we can make in our personal lives, and in the ways our community deals with food, energy, and waste are all really important parts of addressing climate change and environmental issues locally - and if we all do it, globally. Here are a few places to start:

**Sustainable Transport**
Lace up your shoes, hop on your bike, or find your bus or train fare for some low or no carbon ways to get around town.

**Eat Better Foods**
Grow your own food, buy locally grown or organic food, and organize your community to have farmers markets.

**Letters to the Editor**
Become a local spokesperson by following the news, and writing in to the editor when there’s an article about climate change or environment.

**Unplug**
Unplug your appliances, cell phone charger when you aren’t using them so they don’t waste energy.

**Use less stuff**
Many of us have a lot of unnecessary junk - and it doesn’t necessarily make us happier. Focus on acquiring fewer things you don’t need, and reuse things whenever possible.

**Dispose responsibly**
Be responsible with the waste you produce - recycle, and compost your food scraps. No recycling program? Start a campaign!

**Efficient Lightbulbs**
Replace your lightbulbs with compact fluorescents - and then organize a community-wide lightbulb swap.

**Buy green**
When you do need to buy stuff, make sure it’s the most sustainable version of whatever you’re getting - this will help send a message to producers.

**Become a transition town**
Google “Transition Towns” and find out how you can get started transitioning your town away from fossil fuels!

**Elect climate champions**
Change the system from the inside out and elect climate champions to local office. With your newfound organizing skills, get your friends together, and get the campaign going!

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350.org is an international climate change campaign calling for a fair Copenhagen climate treaty that meets the latest science. 350ppm represents the safe upper limit of CO2 in our atmosphere. Take part in your community on 24 October, 2009: An International Day of Climate Action. Visit www.350.org or contact organizers@350.org to get involved.