

Grow food, conserve water, save energy, build community.....May 14-15, 2011

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## Overview

On May 14-15, people across our community will rise to the challenge of becoming more food, water and energy independent. There are many reasons for localizing food production and conserving energy and water -- saving money, creating jobs and community resiliency -- just to name a few.

## Register Today!

Register your own project or volunteer on a community project -- either way, we challenge you to get involved and make a difference. There are four challenge areas: Food, Water, Energy and Community. We encourage you to pick an area and **register your project or volunteer at [www.transitionus.org](http://www.transitionus.org)**

## Grow Food

### Ideas for Growing More Local Food

- \* transform your lawn into a food garden
- \* plant fruit trees
- \* join or start a community garden
- \* start a compost pile

## Conserve Water

### Ideas for Saving Water

- \* switch to drip irrigation
- \* install a greywater system (yes! it's legal)
- \* grow native, drought-tolerant plants
- \* install water conserving appliances (toilet, shower heads, faucets)

## Save Energy

### Ideas for Saving Energy

- \* unplug energy zapping appliances, computers, games
- \* conduct a home energy audit
- \* weatherize your home, apartment or office
- \* retrofit for maximum energy efficiency
- \* install energy efficient appliances

## Build Community

### Ideas for Building Community

- \* host an educational class or workshop
- \* start a sharing co-op -- food, tools, toys, vehicles
- \* host a "get to know your neighbors" potluck
- \* send out a community interest survey to assess concerns & priorities

## Tell your friends

The best way to make our community more food and energy independent is to do it ourselves. It's our community and WE make a difference ...especially when we work together. Tell your friends -- invite them to the 350 Home & Garden Challenge. **Learn more at [www.transitionus.org](http://www.transitionus.org)**