

## Overview

During the month of May, people across our community will rise to the challenge of becoming more food, water and energy independent. There are many reasons for localizing food production and conserving energy and water -- saving money, creating jobs and community resiliency -- just to name a few.

## Register Today!

Register your own project or volunteer on a community project -- either way, we challenge you to get involved and make a difference. There are four challenge areas: Food, Water, Energy and Community. We encourage you to pick an area and register your project or volunteer at [www.transitionus.org](http://www.transitionus.org)

## Grow Food

### Ideas for Growing More Local Food

- \* transform your lawn into a food garden
- \* plant fruit trees
- \* join or start a community garden
- \* start a compost pile

## Conserve Water

### Ideas for Saving Water

- \* switch to drip irrigation
- \* install a greywater system (yes! it's legal)
- \* grow native, drought-tolerant plants
- \* install water conserving appliances (toilet, shower heads, faucets)

## Save Energy

### Ideas for Saving Energy

- \* unplug energy zapping appliances, computers, games
- \* conduct a home energy audit
- \* weatherize your home, apartment or office
- \* retrofit for maximum energy efficiency
- \* install energy efficient appliances

## Build Community

### Ideas for Building Community

- \* host an educational class or workshop
- \* start a sharing co-op -- food, tools, toys, vehicles
- \* host a "get to know your neighbors" potluck
- \* send out a community interest survey to assess concerns & priorities

## Tell your friends

The best way to make our community more food and energy independent is to do it ourselves. It's our community and WE make a difference ...especially when we work together. Tell your friends -- invite them to the Transition Challenge.

Learn more at [www.transitionus.org](http://www.transitionus.org)