



WHATCOM FOLK SCHOOL

PO Box 993 Bellingham, WA 98227 (360)319-7495

www.whatcomfolk.org

info@whatcomfolk.org

FOR IMMEDIATE RELEASE:

WHATCOM FOLK SCHOOL SUMMER CATALOG IS ON THE STANDS!

Bellingham, WA - Whatcom Folk School has printed its first *free* catalog of summer classes with about 65 classes and 50 instructors. First classes start in June and include topics such as *Fermentation of Foods, Tree Climbing with Gear, Woodworking Skill Building for Women, Ayurvedic Medicine, Homebrewing of Beer, Tatting (Lacemaking), Outdoor Cooking, Problem Solving Workshops, Living Democracy, Urban Homesteading, Permaculture, Backyard Poultry, Raising Rabbits, Sustainable Agriculture*, and much more.

A folk school is a centuries old social form that is taking on new life in our troubled times. Where in our current educational system is it possible to develop the kinds of education needed to prepare people for work in the post-carbon economy – and to do so very quickly? There are numerous areas in which people will need to be educated, not only to meet the needs of an energy-constrained future but to develop their own useful and more resilient livelihoods.

Inspired by Transition Whatcom and the Transition Town Movement, Whatcom Folk School is all about connecting people looking to learn the skills of a more resilient, joyful and sustainable life with instructors and organizations who offer to teach practical skills.

Whatcom Folk School is based on these five basic principles:

1. **Re-skilling** – Offering training in a vast range of past and contemporary practical skills.
2. **Inclusivity** – Believing that everyone in the community holds a part of the story and a part of the solution to a more sustainable and resilient county.
3. **Honoring Elders** – Learning from those who have skills and lessons to share.

4. **Awareness** – Raising awareness about the changes we need to make in order to create more sustainable and resilient communities.
5. **Networking** – Working cooperatively with existing groups and programs.

The Whatcom Folk School *free* catalog can be found in coffee shops, grocery stores, brew pubs, bakeries, farmers coops (Cenex), and bookstores (such as Village Books and Michael's Books) all over Whatcom County. It has also been posted on the website www.WhatcomFolkSchool.org .

For more information contact:

Cindi Landreth, Director
Whatcom Folk School
360-319-7495